**Appendix 1. Descriptive statistics of each item statements (English Version)**

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| **Item Number** | **Statements** | **Average** | **Standard Deviation** |
| 1 | I never feel quite sure of myself when I am speaking in my Foreign language class. | 2.63 | 0.79 |
| 2 | \*I don’t worry about making mistakes in language class. | 2.49 | 0.79 |
| 3 | I tremble when I know that I'm going to be called on in language class. | 2.37 | 0.70 |
| 4 | It frightens me when I don't understand what the teacher is saying in the foreign language. | 2.69 | 0.78 |
| 5 | \* It wouldn’t bother me at all to take more foreign language classes.\* | 2.14 | 0.71 |
| 6 | During language class, I find myself thinking about things that have nothing to do with the course. | 2.44 | 0.71 |
| 7 | I keep thinking that the other students are better at languages than I am. | 3.18 | 0.76 |
| 8 | \*I am usually at ease during tests in my language class. | 2.72 | 0.83 |
| 9 | I start to panic when I have to speak without preparation in language class. | 2.74 | 0.80 |
| 10 | I worry about the consequences of failing my foreign language class. | 3.01 | 0.73 |
| 11 | \* I don’t understand why some people get so upset over foreign language classes. | 2.87 | 0.65 |
| 12 | In language class, I can get so nervous I forget things I know. | 2.69 | 0.73 |
| 13 | It embarrasses me to volunteer answers in my language class. | 2.74 | 0.75 |
| 14 | I would be nervous speaking the foreign language with native speakers | 2.01 | 0.83 |
| 15 | I get upset when I don't understand what the teacher is correcting. | 2.81 | 0.70 |
| 16 | Even if I am well prepared for language class, I feel anxious about it. | 2.67 | 0.77 |
| 17 | I often feel like not going to my language class. | 1.94 | 0.79 |
| 18 | \*I feel confident when I speak in foreign language class. | 2.67 | 0.65 |
| 19 | I am afraid that my language teacher is ready to correct every mistake I make. | 2.18 | 0.76 |
| 20 | I can feel my heart pounding when I'm going to be called on in language class. | 2.40 | 0.82 |
| 21 | The more I study for Rhetoric Class, the more confused I get. | 2.05 | 0.63 |
| 22 | \* I don’t feel pressure to prepare very well for language class. | 2.26 | 0.70 |
| 23 | I always feel that the other students speak the foreign language better than I do. | 3.29 | 0.68 |
| 24 | I feel very self-conscious about speaking the foreign language in front of other students | 2.76 | 0.73 |
| 25 | Language class moves so quickly I worry about getting left behind. | 2.24 | 0.66 |
| 26 | I feel more tense and nervous in my language class than in my other classes. | 2.17 | 0.74 |
| 27 | I get nervous and confused when I am speaking in my language class. | 2.49 | 0.75 |
| 28 | \* When I am on my way to language class, I feel very sure and relaxed. | 1.97 | 0.69 |
| 29 | I get nervous when I don't understand every word the language teacher says. | 2.61 | 0.82 |
| 30 | I feel overwhelmed by the number of rules you have to learn to speak a foreign language. | 2.42 | 0.77 |
| 31 | I am afraid that the other students will laugh at me when I speak the foreign language. | 2.81 | 0.89 |
| 32 | \* I would probably feel comfortable around native speakers of the foreign language. | 2.50 | 0.74 |
| 33 | I get nervous when the language teacher asks questions which I haven't prepared in advance. | 2.80 | 0.75 |
|  | Overall Average | 2.54 |  |

\* Item’s value is reversed